

[CLINICALS]

CHECKLIST



To Ask SCCE/CI

- Clinic hours
- Clinic holidays (days off)
- Dress code
- Parking
- Badge (if needed)
- Site requirements/onboarding
- Housing recommendations
- CI work hours
- CI teaching style
- CI treatment style
- Modalities most used
- Common patient dx
- Best way to contact CI
- Courses/topics to review

To Do Before Starting Clinicals

- Get clothes that fit dress code
- Review courses/topics based on setting/pt pop.
- Book flights
- Book housing:
 - Address
 - Amenities
 - Parking
 - Check-in information
 - Distance from clinic
- Book rental car
- Map distance/time from clinic to housing
- Check area crime rate
- Check cell signal
- Check local weather
- Look for things to do in your area
- Save clinic and housing addresses in GPS
- Call credit card company and tell them where/how long you're going
- Look at surrounding area for:
 - Grocery stores
 - Restaurants
 - Gas stations
 - Gyms
 - Hospitals
 - Nearby classmates
 - _____

To Pack

- Clinical clothes + shoes
- Weather specific clothes + shoes
- Gym clothes + shoes
- Sleeping clothes
- Undergarments
- Laundry bag
- Toiletries
- Pillow
- Backpack
- Wallet + ID
- Cash
- Transportation ticket
- Safety items (ex. Pepper spray, locks)
- Meds (ex. Pain meds, allergy meds)
- Entertainment (ex. Games, hobbies)
- Something to take notes with (ex. Notebook, iPad)
- Required PT equipment (ex. Gait belt, stethoscope)
- Nail clippers
- Study material
- Electronics:
 - Laptop + charger
 - Phone + charger
 - _____
 - _____
- Lunch bag + tupperware
- Food:
 - _____
 - _____
 - _____
 - _____
- Other: _____